



Westerwood News

A publication of the Westerwood Neighborhood Association (WNA), Inc.

Westerwood Neighborhood Annual Meeting

Written By: Heather Hogan

Neighbors gathered at Borough Coffee for the Westerwood Neighborhood Association (WNA) Annual Meeting on February 11, 2026. Members of the community came together to elect new board members and meet our newly elected City Council Representative, April Parker. The meeting began with the election process and was followed by a meet and greet with April. It was great to see a strong turnout and to have the opportunity to connect with both neighborhood leaders and representatives from the City of Greensboro.

Board Elections

This year, three board seats were up for election. The WNA extends its gratitude to all those who have dedicated their time and energy to serving on the board. Marci Peace has decided to step down after serving 2 years in the treasurers position. Marci, your contributions have played a vital role in shaping our neighborhood, and we sincerely appreciate your commitment.

Three neighbors were renominated or nominated: Anna Scott Pulliam, Mike Maloy, and Emi Kerr. Each nominee had two minutes to introduce themselves and share why they would be a strong fit for the WNA board.

Anna, current WNA president and newsletter editor, thanked everyone for attending and for staying engaged in the neighborhood and talked about the work she has done with the WNA. Mike shared updates about his ongoing work coordinating with the city on neighborhood events, infrastructure issues, and the Greenway. Emi, who recently moved to Westerwood, spoke about her interest in helping build community and getting involved with social activities.

With no additional nominations from the floor, all three were reelected or elected.

Meet & Greet with City Council

The remainder of the meeting was devoted to an open discussion with District 3 Council Member April Parker, At-Large Representative Irving Allen, and neighbors on a wide range of topics important to Westerwood and the broader Greensboro community.

District 3 saw a significant increase in voter participation this year, with turnout rising by 66%. Council Member Parker shared that City Council is preparing for its annual retreat to set priorities for the coming year. Both representatives spoke about connecting with local businesses, supporting community development, and planning for Greensboro's future growth. They also shared that City Council will soon begin budget planning, with opportunities for public input. Parker plans to hold community town halls later this year and continues to host monthly "Coffee with a Councilwoman" office hours, typically on the last Tuesday of each month.

Downtown businesses and development were a major theme. Parker and Allen described efforts to connect with business owners, increase foot traffic

... Neighborhood Meeting, Continued on Pg. 5

Calendar of Events



WNA Board Meetings

3rd Wed of Each Month | 6:30 pm
(except Jul. & Dec.)

Wed, Mar. 18, 2026 | 6:30 pm
Borough Coffee at Double Oaks
204 N Mendenhall St.

Wed, Apr. 15, 2026 | 6:30 pm
Borough Coffee at Double Oaks
204 N Mendenhall St.

Wed, May 20, 2026 | 6:30 pm
Borough Coffee at Double Oaks
204 N Mendenhall St.

Easter Egg Hunt

Sat, Apr. 4, 2026 | 10:00 am
Lake Daniel Park

Spring Stream Clean

Sat, Apr. 18, 2026 | 9:00 am
Lake Daniel Park

Neighborhood Yard Sale

Sat, Apr. 25, 2026 | 8:00 am - 1:00 pm
Westerwood Neighborhood

National Night Out

Tue, Aug. 4, 2026 | 7:00 pm
Lake Daniel Park Playground

Art & Sole

Sat, Oct. 3, 2026 | 10:00 am - 5:00 pm
Westerwood Neighborhood

Chili Cook-Off

Sun, Oct. 18, 2026 | 4:00 - 6:00 pm
Rain Date: Oct 25, 2025 | 4:00 - 6:00 pm
Lake Daniel Park Grove

Annual Westerwood 5K

Sun, Nov. 8, 2026 | 2:00 pm
Borough Coffee At Double Oaks
204 N. Mendenhall St.

Our Social Committee is excited to promote more neighborhood events this year! Please be on the lookout for more info via Social Media!



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AT FIRST BAPTIST GREENSBORO

PALM SUNDAY WORSHIP
SUNDAY, MARCH 29 AT 10:30 AM

EGG HUNT ON THE FRONT LAWN
SUNDAY, MARCH 29 AT NOON

EASTER SUNDAY WORSHIP
SUNDAY, APRIL 5 AT 10:30 AM

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WESTERWOOD



Art Walk & Studio Tour

OCTOBER 3, 2026 | 10:00 AM - 5:00 PM
REGISTRATION FEE: \$30

Register at westerwoodneighborhood.com/art-sole by June 22 or email artandsole@westerwoodneighborhood.com for more information or to volunteer.

One of Westerwood's most beloved fall events—Art & Sole—returns on Saturday, October 3, 2026, and we're inviting neighborhood artists to be part of it!

Now in its 13th year, Art & Sole is a self-guided walking tour of home studios throughout our beautiful, walkable neighborhood. Last year, more than 30 artists welcomed over 700 visitors from Greensboro and beyond for a day filled with art, conversation, and community.

If you're a painter, potter, photographer, printmaker, jeweler, woodworker, or fiber artist—whether seasoned or just getting started—this is your chance to show and sell your work, meet new supporters, and connect with fellow creatives right here in Westerwood.

👉 Artist registration is open through June 22.

The \$30 fee helps cover yard signs, printed maps, balloons, and other day-of essentials.

Register at: westerwoodneighborhood.com/art-sole
Other ways to get involved:

- Encourage your artist neighbors to sign up
- Volunteer for planning or day-of support
- Join the team as Volunteer Manager

Art & Sole takes place rain or shine, 10 a.m.–5 p.m. on October 3.

Questions or want to help?

Email: artandsole@westerwoodneighborhood.com

Let's fill Westerwood with creativity, color, and connection once again this fall.



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Spotlight On Our Sponsors

The Westerwood News spotlights businesses and organizations that have contributed to the neighborhood. This issue features Gate City Physio. Located on the border of Westerwood, Dr. Corey Hillman has developed the reputation of genuinely caring for his patients.

Gate City Physio

Written By: Dr. Corey Hillman

We've all said it. "This is such a headache," about a long meeting, doing taxes, or sitting in the carpool line. But for many people, headaches are not just a figure of speech. They are a real and recurring part of life that often gets brushed off as normal. Most of the time, the plan is simply to take an Advil and hope it passes.

But what about the headaches and migraine attacks that do not go away? The ones that linger for hours or days. The ones that make it hard to think clearly, sleep well, or show up for work, school, and family life. The ones that start to feel like part of your normal routine.

I know this experience personally. As a teenager, I lived with chronic headaches that affected nearly every part of my life. That frustration, not finding answers and not feeling understood, ultimately shaped my path into physical therapy and led me to open Gate City Physio, a specialty clinic in Greensboro focused on helping people with headaches, migraine, TMJ pain, and related neck and facial tension.

At Gate City Physio, I use a neuro-orthopedic, brain and body approach to care. Headaches and migraines are not only a muscle or joint problem, and they are not only a brain problem. They are a combination of how the nervous system processes pain and how the head, neck, and jaw are functioning day to day. When these systems become irritated or overloaded, the brain can become more sensitive to normal input, which contributes to frequent or lingering symptoms.

Treatment is designed to calm this sensitivity while improving how the neck, jaw, and surrounding tissues move and support you. Gentle hands-on treatment, targeted movement, and nervous system retraining help provide the brain with healthier, more balanced input from the head, neck, and jaw. Over time, this can reduce how easily symptoms are triggered and help patients experience fewer headache days, less intense pain, better sleep, and more comfort in everyday life.

This approach gives people something many have not felt in a long time, hope. Hope that the story can change. Hope that they can get back to their routines, be present with their kids, return to exercise and hobbies, and enjoy the small, normal moments that chronic pain tends to steal.

I have a special passion for working with teens and young adults who are missing school, sports, and social time because of head pain, because I remember exactly what that felt like.

If headaches or migraines have become part of your normal, they do not have to stay that way. Learn more or schedule a complimentary 15-minute phone consultation at www.gborophysio.com.



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Platelet Rich Plasma Therapy for Pets

University Animal Hospital of Greensboro has been using PRP as part of our pain and soft tissue injury management since 2006. Platelet-Rich Plasma (PRP) is an in-hospital, same day process that concentrates the injured patient's own platelets. Platelets contain a variety of healing growth factors, clotting factors and signaling molecules for stem cell migration and subsequent tissue regeneration. If the normal healing process goes haywire, the body produces arthritis, cartilage degeneration, muscle scarring, tendonitis, and pain. For acute injuries, we inject PRP directly into injured tissues and joints. This increases

blood flow to the injury and stimulates new cartilage, muscle, and bone cells to replace damaged cells. acute injuries include deep corneal ulcers, degloving accidents with large tissue deficits, third degree burns, partial ACL tears and muscle tears. Chronic injuries include OA of the joints and spine, and tendonitis of the shoulder and biceps muscles. First, we treat these injuries with shockwave therapy to break down scar tissue and arthritis, followed by PRP injections which reboot the normal healing process. Atrophied shoulder muscles typically regenerate in 2 to 4 weeks and injured tendons in 4 to 12 weeks. For more information, please call our hospital at **336-279-1003**.

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... Neighborhood Meeting, Continued from Pg. 1

through events, and encourage more diverse businesses and housing downtown. Neighbors raised concerns about vacant storefronts, developer practices, and ensuring new housing matches neighborhood character.

Greenspace and the Greenway were also discussed, with council members emphasizing the importance of preserving Greensboro's natural character as development continues. Community gathering spaces ("third places") were highlighted as an important goal for the city's future.

Infrastructure and walkability were another concern, particularly sidewalks and street crossings near downtown. Residents were encouraged to report specific problem areas or share photos with council offices to help prioritize repairs and traffic calming.

Safety and homelessness were discussed, including programs such as GSO Home and Behavioral Health Response Teams (BHRT), which respond to mental health crises and housing insecurity with appropriate services. Neighbors shared perspectives, and council members emphasized addressing root causes while continuing to improve response systems.

Several city boards and commissions currently have vacancies, including the Commission on the Status of Women, Greensboro Housing Authority, Greensboro Transit Authority, and Library Commission. Residents interested in serving are encouraged to apply.

Stay Connected

Council Member Parker encouraged neighbors to reach out directly with concerns or ideas. She can be reached at: April.Parker@greensboro-nc.gov

Thank you to everyone who attended, asked thoughtful questions, and stayed engaged in the conversation. Westerwood continues to be a neighborhood where neighbors show up, speak up, and help shape what comes next.

... Neighborhood Meeting, Continued on Pg. 6



2026

Westerwood Neighborhood Association

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... Neighborhood Meeting, Continued From Pg. 5

Election of Officers & Management of Committees

The Westerwood Neighborhood Association’s February meeting is reserved for leadership and planning, including electing officers, appointing committee heads, and setting the annual meeting schedule.

The Board met on February 18, 2026, at 6:30 PM in the Café at First Baptist Church. From the seven elected directors, four officers were selected: President – Anna Scott Pulliam, Vice President – Pat Teal Rudy, Treasurer – Mike Maloy, and Secretary – Kathryn McDowell. These officers will guide WNA’s work in community engagement, neighborhood initiatives, and organizational planning.

Alongside the five standing committees—Newsletter, Beautification, Social, Communications, and Community Watch—three ad hoc committees were renewed:

- **Art & Sole Committee**, under new leadership from Alisha Wielfaert and Paige Cox.
- **Greenway Committee**, led by David Myer and Neil Goldstein, will support the final stages of the Western Branch of the Greenway in partnership with the City.
- **Bylaw Committee**, led by Anna Scott Pulliam, will oversee the updating of WNA’s governing documents.

Committee heads were appointed (full list available on page 5). The WNA meeting schedule remains the third Wednesday of each month, with no meetings in July or December. With leadership and committees in place, WNA looks forward to a productive year ahead.

Downtown Greenway Grand Opening Celebrations

By: Dabney Sanders



Downtown Greenway

As we near completion of the four-mile urban greenway loop around downtown Greensboro, we are hosting a month-long series of events to celebrate this grand opening in May. Use the calendar to the right and save the dates!



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Downtown Greenway

CELEBRATE GREENMAY ON THE GREENWAY!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 First Friday Storytime Stroller Rollers	2 <i>Wheels on the Greenway</i>
3 Volunteer: Clean-A-Creek	4 Growing a Pollinator Garden	5 Zumba Class Cinco de Mayo Night	6	7 Speaker Series: East Coast Greenway Walk & Run Club	8 Speed Friending	9 Walking Tour
10	11 Mental Health Matters	12 HIIT Fitness Class	13 Wildlife on the Greenway!	14 Yappy Hour Walk & Run Club	15	16 <i>Grand Opening & Ribbon Cutting</i>
17 Canvas Painting	18 Spring in the Streams	19 Bootcamp Fitness Class	20	21 Walk & Run Club	22	23
24	25	26 Will You Bee Their Neighbor? Fitness Class	27 SPCA on the Greenway	28 Tune In & Tune Up Walk & Run Club	29 <i>Full Circle Gala</i>	30

Celebrating the completion of the Downtown Greenway all May long!

SAVE THE DATE
RIBBON CUTTING
 May 16, 2026, 11AM-2PM
 Cairn's Course, 501 Guilford Ave.
 Food trucks, live music, beverages, games, and more!

Visit our website for more details




Home Maintenance Checklist

Written By: Anna Scott Pulliam

Hopefully we are headed toward warmer weather and Spring is just around the corner! 🌱🏠 Stay ahead of repairs and keep things running smoothly with the monthly maintenance checklist. A little upkeep now means fewer surprises later!

MARCH

- 🧺 Wash linens (including all your extra blankets from your living room, random closets, guest areas, etc.)
- 🧼 Wash windows and put on screens
- 🪴 Spot clean your furniture
- 🚪 Swap out your front door mat for Spring
- 🛏 Vacuum your mattresses
- 🧹 Clean kitchen backsplash, wipe down cabinets and clean under appliances
- 🗑 Organize the pantry & throw out expired items
- 🪞 Clean mirrors and lamps (and lightbulbs)

APRIL

- 🚪 Deep clean your front door, re-paint if needed
- 🧼 Disinfect door knobs and light switches
- 📺 Wipe down remote controls
- 🧺 Declutter 2 cabinets/drawers you've been avoiding
- 🪴 Simplify tabletops and shelves to create a calming space
- 🧼 Wipe down patio furniture
- 🧼 Wash Bathroom Rugs
- 🧹 Clean above your kitchen cabinets and other hard to reach places
- 🌱 Start your garden!

MAY

- 🧹 Deep clean floors
- 🌱 Put indoor plants outside for the summer
- 💧 Replace water filters
- 🚿 Buy a new shower curtain liner or deep clean your current liner
- 💡 Wipe down light bulbs and light fixtures
- 🗑 Clean inside drawers and cabinets
- 🧼 Disassemble your vacuum and clean the parts, replace the filter and your brush heads if needed

I combined all 12 months of homeowner checklists into a double sided guide - I also send these reminders monthly to those who ask! If you want the guide or monthly reminders, let me know! Happy Spring!


-Anna

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DID YOUR NEW TAX VALUE MAKE YOU DO A DOUBLE TAKE?

Guilford County 2026 tax reassessments are out, and some Westerwood homes are showing big jumps. If your assessed value seems too high, you have the right to file an appeal by May 15.

I'd be happy to help by finding comparable sales and providing a quick (free!) opinion of value to support your appeal.

I DON'T JUST WORK IN WESTERWOOD! I LIVE HERE.

WANT ME TO TAKE A LOOK? SEND ME A TEXT OR EMAIL



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Understanding the Guilford County Reassessment

By: Anna Scott Pulliam

Guilford County has completed its 2026 property tax reassessment, and many homeowners across Greensboro are seeing significant changes to their assessed property values. The reassessed value is one piece of the equation; the final amount of property taxes owed will depend on the tax rate set by the County and City later this year.

Why Was There A Reassessment?

North Carolina law requires counties to perform property tax revaluations at least every eight years. Guilford County, however, has historically conducted revaluations every five years. The 2026 county wide revaluation was triggered early following a state review that found a significant gap between assessed values and actual market sales. In 2022, more than 10,000 Guilford County properties were valued at roughly 80 percent of their actual sales prices. Under state law, when assessed values differ from market sales by more than 15 percent, a revaluation is required to occur a year early.

The Appeal Process

While each appeal is evaluated individually, common factors that may be considered include recent sales of comparable homes, differences in condition between properties, and inaccuracies in property records. Check that square footage, number of bedrooms and bathrooms, and major features such as finished basements or additions are up to date.

Homeowners who believe their new assessed value does not fairly reflect their property's market value may submit an appeal to Guilford County. Appeals are due no later than 5:00 pm on May 15. The process requires homeowners to provide information supporting why the assessment may be too high.

If you are unsure whether your new assessment is reasonable, consider starting with these steps:

- Confirm County records of your property are accurate.
- Review recent sales of similar homes nearby.
- Compare your home's size, condition, and features to those properties.

Check the County's appeal guidelines and deadlines before submitting anything.

For official information, deadlines, and appeal instructions, homeowners should refer directly to [Guilford County's tax and assessor resources](#).



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Westerwood's Annual Yard Sale Returns

Written By: Anna Scott Pulliam

Spring has officially arrived in Westerwood, and with it comes one of our most anticipated neighborhood traditions, the Annual Westerwood Yard Sale. It's time to open the closets, tackle the attic, and see what treasures might be ready for a new home.

Why Participate?

The Westerwood Yard Sale is a simple way to clear space while giving well-loved items a second life. It's also a wonderful excuse to spend the day outside, connect with neighbors, and welcome visitors who come to enjoy the charm of our neighborhood. The more homes that join in, the more exciting the day becomes—bigger crowds, better browsing, and more fun for everyone.

How to Join In

- Sign Up: Make sure your home is included on the official sale map by registering with the QR code below or online at: bit.ly/WesterwoodYardSale2025
- Start Sorting: Set aside items you're ready to part with and begin organizing early.
- Sale Day Ready: Display items clearly, price them to sell, and enjoy the energy of the day.

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Artistic Director: Christine Cervino Grider



- Ballet
- Pointe
- Jazz
- Hip Hop
- Children's Dance
- Adult Ballet

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200 North Davie St. #302, Greensboro, NC 27401

www.greensboroballet.org



WESTERWOOD YARD SALE

APRIL 25, 2026 | 8 AM - 1 PM

RAIN DATE: MAY 2ND

REGISTER TO JOIN THE SALE!



Need to clean out your attic or garage?! Join in the Annual Westerwood Yard Sale! To ensure your home is on the map, register by April 18th using the QR code or go to bit.ly/WesterwoodYardSale2026

On the day of the sale, place your items out in front of your home along with the provided sign and have fun making a little extra cash!

Call, text or email with any questions!
Anna Scott Pulliam | anna@thepiedmontsrealtor.com | 910-330-2065

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The Miracle of Monarchs

Written By: Marilyn Lane-Morgan

Milkweed + Monarchs = Magical Metamorphical Miracles!

In September we enjoyed witnessing the miracle of the monarch butterfly metamorphosis! I started growing common milkweed many years ago and have enjoyed watching monarchs and caterpillars and chrysalises in my front yard garden. Monarchs only eat and lay their eggs on milkweed, so I have always kept a steady supply in my garden.

This year our neighbors, the Conovers, planted swamp milkweed which is a smaller plant and they got a bumper crop of caterpillars. Unfortunately the plants didn't supply enough leaves to feed them all and snails were eating some of the chrysalis in the garden. Five-year-old Nora and her mom, Kaitlin, decided to start a monarch nursery in their dining room. They brought in milkweed leaves laden with tiny eggs and all sizes of caterpillars, from 1/6 of an inch to 2 inches.

It's amazing how much a caterpillar eats! The Conovers had to harvest milkweed leaves from our garden to keep up with their hungry caterpillars! Soon, they had all phases of the metamorphosis going on in their nursery: eggs, caterpillars, chrysalises and butterflies!

Nora named each caterpillar. There was "Moonis", "Sadness", "Gladys", "Bunny", "Dewy" etc. Baby sister, Eden, named one caterpillar "Goo-Goo!" Kaitlin said Nora made sure they took good care of their precious menagerie, especially keeping the monarch house clean....."so much caterpillar poop!!"

Kaitlin says, "It was fascinating being an amateur entomologist, studying caterpillars up close, researching their life cycle and their needs. Caring for them was a lesson in slowing down and paying attention to the tiny miracles of nature".

Caterpillars go through 5 sheddings. Once caterpillars are fully grown they connect to the bottom of a leaf and hang in a "J" shape for a few days. Then out from under their last shed, there hangs a beautiful green chrysalis! After 8-15 days the monarch begins to slowly emerge from the chrysalis, unfurling and pumping fluid into it's wings to give them shape. It is magical to watch the emerging of a new butterfly!

Whenever a butterfly became ready to fly, neighbors gathered to watch the monarchs' release. They looked so happy, flying high and free into my garden of Maximilian sunflowers. We were amazed to think of these delicate creatures flying all the way from Fairmont Street to Mexico: over 2,000 miles!

During the course of a year there are four generations of monarchs. These September butterflies were the 4th generation and will live about 9 months. After wintering in

... Butterflies, Continued on Page 12



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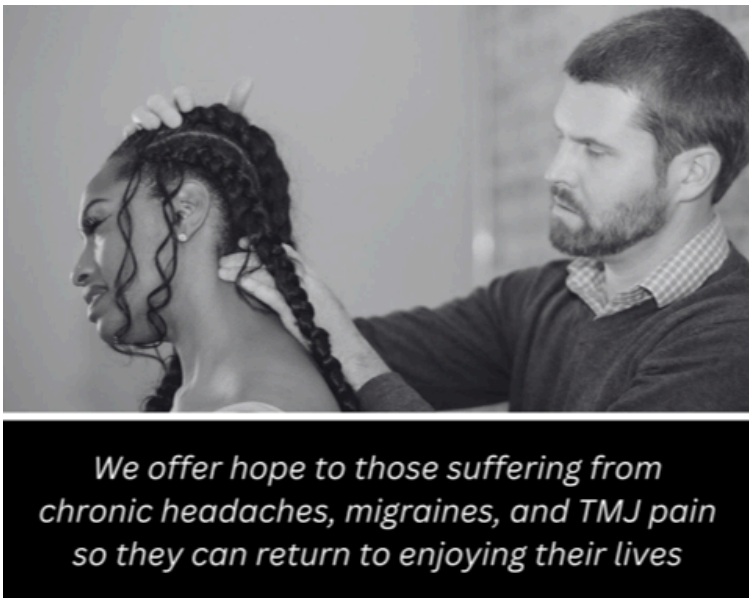
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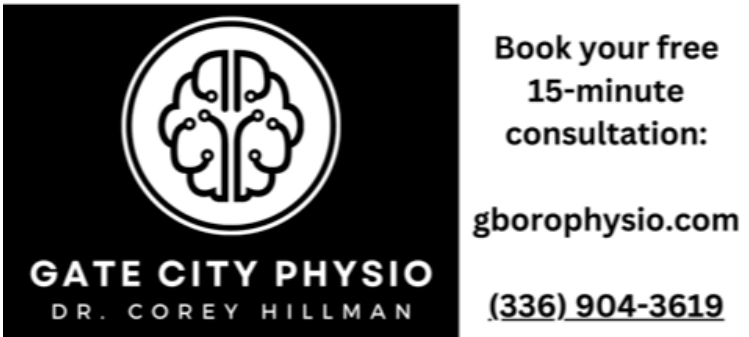
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... Butterflies, Continued From Page 10

Mexico, they will lay eggs there and continue laying 100-300 eggs as they migrate back north. This 4th generation will then die and the first, second, then third generations of next year will continue the cycle, each one traveling a little farther north. Monarchs from the first 3 generations only live 3-5 weeks.

Monrch population has declined 80% in the last 40 years due to climate change, habitat loss and pesticides. Maybe we can look into planting milkweed in some areas of our park. Wouldn't it be wonderful for Westerwood to become a monarch haven?

My husband, Don, became so fascinated by our monarch adventure that he painted this beautiful illustration of all the stages of a butterfly!



Photo: Nora sends a monarch away on her journey to Mexico. Adios, mi bella amiga!!



Bio: Marilyn Lane-Morgan has called Westerwood home for over 40 years. She enjoys her garden and all the interesting creatures it attracts!

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Preservation Greensboro's Tour of Historic Homes & Gardens

Written By: Anna Scott Pulliam



Mark your calendars for **May 16th & 17th** as Preservation Greensboro's Tour of Historic Homes & Gardens heads to Starmount Forest in 2026!

Known for its central location, mature trees, and mix of bungalows and larger homes, Starmount Forest offers a beautiful mix of classic traditional homes and thoughtfully designed mid-century residences. This year's tour invites guests to step inside a curated selection of private homes and gardens, each with its own story of stewardship, renovation, and care.

The Tour of Historic Homes & Gardens is more than a weekend outing, it's one of Preservation Greensboro's signature fundraisers. Proceeds support local preservation efforts, educational programming, and advocacy work that protect the historic character of neighborhoods across our city.

Whether you love architecture, enjoy a good before-and-after story, or simply want a lovely way to spend a spring weekend, this tour offers a rare opportunity to experience Greensboro's history up close.

Tickets, volunteer information, and event details will be available soon at preservationgreensboro.org. Join us as we celebrate Starmount Forest and the enduring value of preservation.



CHAPTER 2

Maurice plays a game with his brother Emil (1963)

Written By: Martin Zelder

"Another therapist describes traumatic memory as a series of still snapshots or a silent movie; the role of therapy is to provide the music and words."

– Judith Herman, Trauma and Recovery

By the time he was three years old, Maurice could sense that the world was a place where things could go horribly wrong. He sensed this because of what had happened to his older brother. The fragments of knowledge held by Maurice somehow told him that it had already gone wrong for Emil before Maurice was even there.

Emil was pretending to perform neurosurgery on Maurice. Maurice was three, Emil seven. The boys were in the living room, in their matching pajamas, white cotton with red sketches of dinosaurs and prehistoric men. Maurice was prone on the red-and-green blanket, the one Mom called the "Indian" blanket, playing at being unconscious. On the floor next to him sat Emil, peering intently down, eyes framed by a crisp white surgical mask and a hand towel wrapped around his hair and ears and knotted loosely in the back. Emil's right hand, extended, was placed on the side of Maurice's head, with Emil's delicate thumb and forefinger pressed tightly at their tips, pinpointing a precise spot on Maurice's cranium.

Emil knew how to do this because he had been the recipient of the actual surgery two years earlier. Emil's story began before that—a brilliant, beautiful, exceptional boy. His gifts were prodigious, as illustrated by his learning the alphabet in one iteration, which had taken about three minutes. He knew so much so early, like countries of the world and constellations.

When Emil was little, he disappeared in the middle of a summer afternoon. His mother Penelope was frantic and searched for fifteen minutes before she eventually discovered Emil perched on his tricycle atop the median of a busy nearby street. He was gleefully identifying the cars as they passed: "Maserati, Buick, Citroën, Chevrolet,...." Penelope delicately ushered her immensely curious son from the median back to the sidewalk, and sighed. Emil's protection required unusual vigilance.

Penelope was forced to curtail Emil's visits to the neighborhood sandbox after Emil's unrelenting insistence that the other children should eat sand, which he

.. Maurice, Continued on Page 14

.. Maurice, Continued From Page 13

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mischievously referred to as "oxide cereal." Neighborhood parents did not find this to be as hilarious and clever as Emil did. So Penelope quickly found other, solitary activities for Emil, like reading about Nazi Germany.

The more alarming problems started just after Maurice was born, when Emil was four. Reading, always a refuge for him, became impossible. His vision became hopelessly blurred. The piercing headaches followed. He ended up at the office of a neurologist. Emil's symptoms were those of a midbrain tumor, as if Emil's encyclopedic mind was pressing outward.

To confirm this, Emil's brain would need to be surgically explored, immediately. This surgery then induced trauma to areas of Emil's brain, but did not find a tumor. Emil now suffered from hydrocephalus—cerebrospinal fluid pressing on the brain—which might have been the cause of the original symptoms or, worse, a result of the surgery. So a shunt had to be installed to drain the cerebrospinal fluid, and this shunt came with its own problems. And the lesions had left Emil with a propensity for epileptic seizures frightening in their severity.

Emil tried—in his own way—to explain to his little brother Maurice and to himself what had happened. Three-year-old Maurice could not really understand what Emil had lost, and perhaps never really would. But for now, he would play the "surgery" game. Emil had taught Maurice this word, "surgery," and so many others. Maurice held his eyes tightly closed, trying not to squirm, trying to do right for Emil.

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Did you enjoy this? Read More in Martin's Book!
 "Recovering Maurice", available at martinzelder.com.

Martin Zelder lives happily in Westerwood with his wife Laura and dog Serio.

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Hello Westerwood Neighbors: Mark your calendar for the 8th Annual Westerwood 5K!

The fun happens Sunday afternoon, November 8th, starting and ending at the Double Oaks house. Our neighborhood tradition will benefit Backpack Beginnings and Greensboro Urban Ministry. Last year, with your help, the event raised over \$11,000 for the charities.

Want to help with the event this year?
Our committee is looking for support with:

- Recruiting additional sponsors
- Coordinating race day volunteers
- Creating social media posts
- Other talents you would like to share?

If interested and for more information about helping with the race, contact hollis.oberlies@gmail.com

The race website will be live this spring!

*Stay tuned for
early-bird discount
and t-shirt reveal!*

runsignup.com/Race/NC/Greensboro/Westerwood5k

FOLLOW ME TO THE PARTY!

2026 Westerwood Neighborhood Association

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Officer Rosann Talbert

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WRITERS WANTED

Interested in writing an article for the Westerwood News? The WNA relies on volunteers from the community for our content! For more info text: (910) 330-2065 email: Info@westerwoodneighborhood.com

CONNECT WITH US ONLINE

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Want to chat with neighbors? Join the google group <https://bit.ly/WNAGoogleGroup>

The neighborhood association also sends out email about upcoming events, digital copies of the newsletter, community watch notices, and other urgent communication. To subscribe to the email list, send your name and address to:

info@westerwoodneighborhood.com

Westerwood In Photos

Matt Kerr Skiing Down North Mendenhall St. submitted by Emi Kerr. Submit your photo at Westerwoodneighborhood.org/news



Preservation Greensboro's Tour of Historic Homes & Gardens

Save The Date! May 16th & 17th, 2026

Preservation Greensboro's Fifteenth Annual Tour of Historic Homes & Gardens will celebrate Starmount Forest by opening historic homes throughout the neighborhood for neighbors to tour

\$25 for PGI Members | \$30 for Non Members | \$150 for Patron Pass | \$35 Day Of Ticket